

Appendix 2 – Aims and scope of the tier 1& 2 and the tier 3 CAMHS reviews

Tier 1 & 2 review

1. Aim of Review

The aim of the review is to evaluate the Tier 1 and Tier 2 CAMHS services and pathway in Central Bedfordshire. The information identified by the review will be used to inform future Tier 1 and 2 CAMHS commissioning and service specifications.

The key questions which are to be answered by this review are:

- § What Tier 1 and 2 CAMHS services are available in Central Bedfordshire and how do referrals take place?
- § Who is using the Tier 1 and 2 CAMHS services?
- § What are the resources used by Tier 1 and 2 CAMHS services (e.g. costs, staff resources etc)
- § What are service users', commissioners', service providers' and stakeholders' views on local CAMHS tier 1 and 2 services?
- § Are there any ways in which CAMHS tier 1 and 2 services could be improved or where there are un-met needs?
- § What are the outcomes of Tier 1 and 2 CAMHS services? (e.g. improvements in strength and difficulties questionnaire scores).

2. Scope of review

This review will look at the current provision of Tier 1 and 2 services – including the LAC CAMHS team commissioned by CBC in Central Bedfordshire. In particular it will examine service provision in line with the current review of Tier 3 mental health provision. A Donabedian evaluation framework will be adopted¹. This seeks details on the structure (resources required, including staffing and budget), process (the actions; what is actually delivered) and outcomes (what have been the results). The review will focus on the following areas for examination:

Structure

1. How available resources are used
2. The demand and capacity of the services

Process

1. Referral routes
2. The timelines of treatment from point of referral
3. Accessibility of venues and times of appointments, including locations
4. Role of early intervention services as they link to tier 3 and 4 services
5. Pathways of treatment and step up/step down between all tiers (co-ordination of care)

¹ Donabedian, A (1980) The quality of care, how can it be assessed? JAMA, 260, 1743-8.

Outcomes

1. Measureable health outcomes
2. Communication and patient experience

Where information is not available or collected for CAMHS on any of the above areas, it will be identified as a gap in information, and highlighted as an area for future development outside of the scope of this review.

Tier 3 CAMHS review

1.0 Background

Child and Adolescent Mental Health Services (CAMHS) are a comprehensive range of services that provide help and treatment to children and young people experiencing emotional or behavioral difficulties, or mental health problems, disorders and illnesses. Referral is through professionals such as GPs and educational psychologists.

In Bedfordshire, the responsibility for providing tier 3 services is with Bedfordshire Clinical Commissioning Group (BCCG), who has commissioned South Essex Partnership Trust (SEPT) to deliver these services; working in partnership with local authorities and other providers (who deliver tier 1 & 2).

From 1st April 2013, the responsibility for commissioning tier 4 services is with the NHS England.

This review will focus on the services provided at tier 3 and is part of a broader pathway review at tiers 1 and 2 review being led by Local Authority Public Health commissioners.

As a result of conducting this review, the following outcomes are expected:

- A revised evidence based model for the delivery of tier 3 CAMHS in Bedfordshire
- New specification for the service
- Identified mechanism(s) for engaging with service users and their families / carers
- Clearer pathways between the revised tier 3 service and those services at tiers 1 and 2

Scope

The review is looking specifically at the current delivery model for tier 3 CAMHS in Bedfordshire and assessing the same under the following areas:

1. The timeliness of treatment from point of referral

2. Referral route
3. The demand and capacity of the service
4. Accessibility of venues and times of appointments, including locations
5. Contribution to the early intervention services
6. Pathways of treatment and step up / step down to and from tiers 2 and 4
7. Communication and service user and family experience

The findings of this review seeks to highlight any issues and make recommendations in relation to the same; whilst ensuring the fidelity to National Institute of Clinical Evidence (NICE) guidance, best practice and the national context outlined above.

The review would also identify any specific need or service requirements for groups of the more vulnerable children and young people.